

# PHILIP – Protection of Health by Increasing the Health Literacy of Pupils

## In-depth interview template

The main goal of the PHILIP project is to contribute to increasing the health literacy levels of pupils aged between 11 to 15 through the development of learning modules targeted to the needs of the children and adolescents which are aimed at helping teachers tackle the content of health literacy properly at school.

Based on the World Health Organization glossary, the Health Literacy comprises “the cognitive and social skills which determine the motivation and ability of individuals to gain access to, understand and use information in ways which promote and maintain good health”<sup>1</sup>.

The objectives of this activity are:

- to analyse the state of the art regarding health literacy among children including the pupils level of familiarity, challenges they face with health-related information, who is responsible for the delivery of health promotion and education, etc..
- to gather the most relevant perspectives and views on the issue of student health literacy from professionals working with children at both health and educational levels
- to identify existing health-related initiatives in school curricula.

The interview respondents’ data will remain strictly CONFIDENTIAL and will be stored in a secure digital space provided by the project partners.

Name and surname	
Professional field	
Current occupation (specify your role and how long have been doing it)	
What is the <b>level of familiarity</b> with health-related information of children and adolescents you work/have worked with?	
Based on your experience, what is the <b>attitude</b> of children/adolescents towards the	

<sup>1</sup> Nutbeam D., WHO Collaborating Center for Health Promotion, *Health Promotion Glossary*, 1998



health-related information?	
What are the <b>challenges</b> children/adolescents face when finding health information? Do you believe the pandemic has affected these challenges?	
Do you think the digitalization can affect on the children health literacy?	
What is the <b>sector responsible</b> for delivery of children/adolescents health promotion and education? Please also specify which professionals should be involved.	
Are there <b>initiatives</b> for health education among pupils?	
If yes, please provide the following information <b>per initiative</b> : <i>(add rows if you have more than one initiative to report)</i>	
Responsible organisation	
Activity description (objectives, results and activities carried out)	
Age of pupils/grades	
Time allocated	
Involved experts leading the initiative	



If there you have any other relevant information concerning this topic not mentioned above, please use this space to explain it: